

BRADLEY A. BROWN
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EDUCATION

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|--------------|--|
| 2019–Present | University of South Florida
Ph.D., Clinical Psychology |
| 2021 | University of South Florida
M.A., Clinical Psychology |
| 2018 | George Mason University
B.S., Psychology |

HONORS AND AWARDS

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| 2023 | The Valerie Reed Award
Department of Psychology, University of South Florida |
| 2020 | The Stephen and Philip Deibler Memorial Scholarship
Department of Psychology, University of South Florida |
| 2019 | The Miles and Patricia Hardy Memorial Scholarship Fund Award
Department of Psychology, University of South Florida |
| 2018 | Poster Award Winner
Society of Southeastern Social Psychologists (SSSP) |
| 2018 | Faculty Choice Award
Department of Psychology, George Mason University |
| 2016–2018 | Dean’s List
George Mason University |

PEER-REVIEWED PUBLICATIONS

7. Kashdan, T.B, Goodman, F.R., McKnight, P., **Brown, B.A.**, Rum, R (In Press). Purpose in Life: A Resolution on the Definition, Conceptual Model, and Optimal Measurement. *American Psychologist*.
6. **Brown, B.A.**, Rottenberg, J., & Goodman, F.R. (In Press). Social anxiety and interpersonal risk for suicidal ideation: A longitudinal daily diary analysis. *Suicide and Life-Threatening Behavior*.
5. **Brown, B. A.**, Goodman, F. R., Pietrzak, R., & Rottenberg, J. (2022) Psychological well-being in US veterans with non-fatal suicide attempts: A multi-cohort population-based study. *Journal of Affective Disorders*. 314, 34–43.
4. Goodman, F. R., **Brown, B. A.**, Silva, G. M., Bradford, D. E., & Tennen, H. (2022). Motives and consequences of alcohol use in people with social anxiety disorder: A daily diary study. *Behavior Therapy*.

3. Goodman, F. R., Daniel, K. E., Eldesouky, L., **Brown, B. A.**, & Kneeland, E. T. (2021). How do people with social anxiety cope with daily stressors? Deconstructing emotion regulation flexibility in daily life. *Journal of Affective Disorders Reports*, 6, 100210.
2. **Brown, B. A.**, Disabato, D.J., Goodman, F. R., Kashdan, T. B., Armeli, S., & Tennen, H. (2021). Does negative emotion differentiation influence daily self-regulation after stressful events? A 4-year daily diary study. *Emotion*, 21(5), 1000–1012. [Preregistration](#).
1. Defayette, A. B., Whitmyer, E. D., López, Jr., R., **Brown, B. A.**, Wolf, J. C., Spirito, A., & Esposito-Smythers, C. (2021). Adolescent depressed mood and difficulties with emotion regulation: Concurrent trajectories of change. *Journal of Adolescence*, 91, 1–14.

CONFERENCE TALKS

5. **Brown, B. A.**, Rottenberg, J., Goodman, F. R., & Pietrzak, R. (2022, April). *Do suicide attempt survivors have reduced long-term well-being? A study of Veterans across three nationally representative cohorts*. Work presented at the annual convention of the American Association of Suicidology.
4. **Brown, B. A.**, Hua, M., Birg, J., & Goodman, F. R. (2021, November). *Does negative emotion differentiation protect against inflexible avoidance of valued goal pursuit? A daily diary study*. In T. Spitzen (Chair). *Innovations in emotion regulation research: Examining understudied emotion regulation-related factors*. Presented at the annual convention of the Association for Behavioral and Cognitive Therapies (virtual).
3. **Brown, B. A.**, Disabato, D. J., & Kashdan, T. B. (2018, November). *What am I feeling? The protective of negative emotion differentiation in the susceptibility to using substances to cope*. Presented at the Annual Data Blitz for the laboratory of Measurement, Research Methodology, Evaluation, and Statistics [MRES] Lab’s Data Blitz Fall 2018, Fairfax, VA.
2. Disabato, D. J., **Brown, B. A.**, & Kashdan, T. B. (2018, May). *Emotion differentiation and regulation: Why distinguishing between negative emotions is helpful*. In T. H. S. Seah (Chair), *Emotion Differentiation as a Protective Factor Against Negative Self-Referential Processing: Links to Adaptive and Maladaptive Behaviors Across Populations and Time Points*. Symposium conducted at the Annual Convention of the Association for Psychological Science, San Francisco, CA.
1. **Brown, B. A.**, Goodman, F. R., & Kashdan, T. B. (2018, April). *The protective nature of meaning: A prospective analysis of meaning in life as a moderator between neuroticism and anxiety*. Presented at the George Mason University College of Humanities and Social Sciences Undergraduate Research Symposium, Fairfax, VA.

MEDIA COVERAGE

1. [“Cultivating strength: Psychological well-being after non-fatal suicide attempts.”](#) *MD Edge*. March, 2023.

CONFERENCE POSTER PRESENTATIONS

14. **Brown, B.A.**, Silva, G.M., & Goodman, F.R. (2022, June). *Interpersonal mediators in the relationship between social anxiety and suicidal ideation: A longitudinal analysis*. Poster presented at the first annual Suicide Research Symposium

13. **Brown, B. A.**, Silva, G. M., Fakhre, F., Davis, K., & Goodman, F. R. (2021, November). *Meaning in life as a protective factor against the effects of loneliness on suicidal ideation: A longitudinal analysis*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies Convention (virtual).
12. **Brown, B. A.**, Silva, G. M., & Goodman, F. R. (2020, November). *Motivational underpinnings of alcohol use in people with social anxiety disorder: A daily diary study*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies (virtual).
11. **Brown, B. A.**, Disabato, D. J., Goodman, F. R., & Kashdan, T. B. (2020, November). *Does negative emotion differentiation influence daily self-regulation? A 4-year daily diary study*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies (virtual).
10. Defayette, A. B., Whitmyre, E. D., López Jr., R., **Brown, B. A.**, Wolff, J. C., Spirito, A., & Esposito-Smythers, C. (2020, November 19-22). *Depression and difficulties with emotion regulation: Concurrent trajectories of change in adolescents*. Poster presented at the 54th Annual Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
9. **Brown, B. A.**, Noyes, E. T., Levine, J. A., Guis, B. K., David, J. A., Schlauch, R. C. (2020, June 22 - 24). *The role of competing approach and avoidance alcohol inclinations on daily drinking in an alcohol-dependent sample: An ecologic momentary assessment study*. Poster presented at the 43rd Annual RSA Scientific Meeting, New Orleans, LA.
8. Whitmyre, E. D., Defayette, A. B., López Jr., R., **Brown, B. A.**, Robles, M., Wojcik, A., & Esposito-Smythers, C. (2019, October). *The Impact of Emotion Regulation Difficulties on the Association Between Callous-Unemotional Traits and Suicidal Ideation in Adolescents*. Poster presented at the 2019 IASR/AFSP International Summit on Suicide Research, Miami, FL.
7. **Brown, B. A.**, Imamoğlu, A., Disabato, D. J., Goodman, F. R., & Kashdan, T. B. (2018, November). *A problem-solving approach to distress intolerance and depression*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Washington, DC.
6. Imamoğlu, A., **Brown, B. A.**, Goodman, F. R., Doorley, J. D., & Kashdan, T. B. (2018, November). *Accounting for sex differences in depression: The distinct contributions of a sense of autonomy and positive relations with others*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Washington, DC.
5. * **Brown, B. A.**, Imamoğlu, A., Disabato, D. J., Kelso, K. C., & Kashdan, T. B. (2018, October). *Negative emotion differentiation as a protective factor against managing emotional distress with substance use: A daily diary analysis*. Poster presented at the 41st Annual Society of Southeastern Social Psychologists Conference, Raleigh, NC.
4. Imamoğlu, A., **Brown, B. A.**, Disabato, D. J., Kelso, K. C., & Kashdan, T. B. (2018, October). *A 10-year prospective study of the effect of an external locus of control on the development of depression: A longitudinal examination of self-esteem as a mediator*. Poster presented at the 41st Annual Society of Southeastern Social Psychologist Conference, Raleigh, NC.
3. **Brown, B. A.**, Goodman, F. R., & Kashdan, T. B. (2018, April). *The protective nature of meaning: A Prospective analysis of meaning in life as a moderator between neuroticism and anxiety*. Poster presented at the George Mason University College of Humanities and Social Sciences Undergraduate Research Symposium, Fairfax, Virginia

2. **Brown, B. A.**, Miller, M., Goodman, F. R., Disabato, D. J., & Kashdan, T. B. (2018, March). *Experiential avoidance moderating the effect of anxiety on changes in meaning in life: A prospective study*. Poster presented at the annual convention for the Society for Personality and Social Psychology, Atlanta, GA.
1. Stikma, M. C., Regalario, I., **Brown, B. A.**, Ashraf, A., Lauber, M. D., & Kashdan, T. B. (2018, March). *Values and well-being at work: Dissecting the lives of elite government intelligence workers*. Poster presented at the Happiness & Well-being Preconference at Society for Personality and Social Psychology, Atlanta, GA

* Poster awarded with Undergraduate Poster Award

EDITORIAL ACTIVITIES

Reviewer

Cognition and Emotion

Emotion

Journal of Clinical and Counseling Psychology

Psychological Assessment

Behavior Therapy

Journal of Positive Psychology

Journal of Psychopathology and Behavioral Assessment

Journal of Personality and Social Psychology

CLINICAL TRAINING—PSYCHOTHERAPY

2023- Present

Mindfulness Intervention for Caregivers of Allogeneic BMT patients.

Moffitt Cancer Center

PI: Dr. Christine Vinci.

- Facilitator providing intervention in a three-arm mindfulness intervention study.

2022- 2023

Clinical Psychology Extern

Substance Abuse Treatment Program

Bay Pines VA Medical Center

Supervisor: Rafael Harris, Psy.D

- Maintain a two-client outpatient therapy caseload, providing weekly therapy to Veterans for substance use difficulties and common comorbidities (i.e., PTSD; depression; anxiety) using Cognitive-Behavioral-Therapy and Cognitive Processing Therapy
- Co-facilitate a weekly PTSD-SUD group consisting of Veterans who have a primary diagnosis of PTSD and substance use difficulties
- Co-facilitate a weekly Acceptance and Commitment Therapy group consisting of Veterans with various substance use and mental health difficulties
- Administer suicide risk assessments

2022 - 2023

Child Psychotherapist Trainee

Psychological Services Center, University of South Florida

Supervisor: Jack Darkes, PhD

2022 - 2023

Child Psychotherapist Trainee

Psychological Services Center, University of South Florida

Supervisor: Tiffany Chenneville, PhD

- Work with adolescent and young adult clients presenting with various clinical presentations including mood disorders, suicidal thoughts and behaviors, and ADHD
- Administer a variety of therapeutic modalities including Cognitive Processing Therapy, CBT, and ACT
- Provided psychoeducation on CBT and mindfulness-based practices to adolescent and young adult clients
- Administered suicide risk assessments and safety planning
- Administer psychodiagnostic instruments to adolescent and young adult clients including the PCL-5, BDI, PHQ-9, CDI-II, BAI, PAI, DIAMOND, and MINI 7.0

2021–2022

Clinical Psychology Extern

Partial Hospitalization Program, Rogers Behavioral Health, Tampa, Florida

Supervisor: Adrienne McCullars, PhD

- Conducted mindfulness, CBT, and DBT groups for adult patients
- Implemented individual behavioral therapy (e.g., ERP, BA) with clients diagnosed with mood disorders, obsessive-compulsive disorders, specific phobias, personality disorders, panic disorder, and social anxiety disorder
- Provided psychotherapy on BA and ERP as well as the CBT and DBT models of therapy to newly admitted patients

2021-2022

Child Psychotherapist Trainee

Psychological Services Center, University of South Florida

Supervisor: Krisi Weiner, PhD

- Worked with adolescent clients presenting with various clinical presentations including mood disorders and suicidality
- Experienced with a variety of therapeutic modalities including CBT and mindfulness-based interventions
- Provided psychoeducation on CBT and mindfulness-based practices to adolescent clients
- Administered suicide risk assessments and safety planning
- Experienced in administering psychodiagnostic instruments to adolescent clients including the CDI-II, BAI, and MINI 7.0.

2020–2021

Adult Psychotherapist Trainee

Psychological Services Center, University of South Florida

Supervisor: Fallon R. Goodman, PhD

- Implemented a variety of therapeutic modalities to adult clients including Acceptance and Commitment Therapy, Cognitive Behavioral Therapy, Dialectical Behavior Therapy, Unified Protocol, and exposure therapies for social anxiety.
- Treated adult clients with various clinical presentations including depression, social anxiety disorder, and panic disorder.
- Experienced in administering psychodiagnostic instruments to adult clients including the ASI, BDI-II, BAI, DIAMOND, SCID-V, and MINI 7.0.

2016–2019

DBT Milieu Manager

Partial Hospitalization Program for Teens and Young Adults, Potomac Pathways, Glen Echo, Maryland

Supervisor: Sami Ascanio, LCSW

- Co-facilitated DBT skills group with a licensed therapist for adolescents with personality and mood disorders
- Facilitated a mindfulness group for adolescent patients
- Administered client check-ins to record frequency of cognitive/behavioral problems (e.g., past/current suicidal ideation, past/current drug use)
- Electronically recorded daily observations of all clients during groups
- Assisted clients with school tasks during school-focused component of the program

CLINICAL TRAINING—ASSESSMENT

2019–Present

Assessment Trainee

Psychological Services Center, University of South Florida

Supervisors: Fallon Goodman, Ph.D., Kristi Weiner, Ph.D., Tiffany Chenneville, Ph.D., Margaret Booth-Jones, Ph.D

- Conducted cognitive, emotional/behavioral, and intelligence testing for adult and child clients including BDI-II/CDI-II, CAARS (adult and child/parent/teacher), CP3-II, CBCL (child/parent/teacher reports), DIAMOND, MINI 7.0, PAI, WISC-V, WAIS-V, and WJ
- Generated integrated assessment reports and provided feedback/recommendations to clients and their stakeholders.

TEACHING

2020–2021

Teaching Assistant

Personality (PPE 4003)

Department of Psychology, University of South Florida

2019–2020

Teaching Assistant

Introduction to Psychology (PSY 2012)

Department of Psychology, University of South Florida

SERVICE

2020–2021

Mentor

Psychology Undergraduate Mentorship Program

University of South Florida Psychology Diversity Committee