

## **Ruba Rum, M.S., M.A.**

### **CONTACT**

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Tampa, FL 33620  
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### **EDUCATION**

- 2020– **Doctoral Student, Clinical Psychology**  
*Advisors: Fallon Goodman, PhD, Jon Rottenberg, PhD*  
University of South Florida
- 2017 **Master of Science, Medical Sciences**  
*Concentration: Aging and Neuroscience*  
University of South Florida
- 2014 **Bachelor of Arts, Psychology**  
University of South Florida
- 2014 **Bachelor of Science, Health Sciences**  
University of South Florida

### **HONORS AND AWARDS**

- 2021, 2022 **Graduate Conference Travel Grant Award**  
University of South Florida
- 2021 **Stephen and Phillip Diebler Memorial Scholarship**  
University of South Florida
- 2014 **Undergraduate Conference Presentation Award**  
University of South Florida
- 2011–2014 **Florida Bright Futures Scholarship**  
University of South Florida
- 2011–2014 **Florida Academic Scholars Award**  
University of South Florida
- 2011–2014 **Dean's List**  
University of South Florida

**PEER-REVIEWED PUBLICATIONS**

9. **Rum, R.**, Birg, J., Silva, G., Rottenberg, J., Clayson, P.E., & Goodman, F.R. (In press). Social motivation differentiates social anxiety and depression: A daily diary study. *Behavior Therapy*.
8. Kashdan, T. B., Goodman, F.R., McKnight, P., Brown, B., & **Rum, R.** (2023). Making Purpose More Purposeful: Addressing Definitional, Measurement, and Testing Complexities. *American Psychologist*.
7. Silva, G., **Rum, R.**, Brennan, J., Rottenberg, J., & Goodman, F. R. (2023). What allays loneliness? A fine-grained examination of daily social interactions. *Journal of Social and Personal Relationships*, 40(11), 3585–3609.
6. Devendorf, A.R., **Rum, R.**, Kashdan, T., & Rottenberg, J. (2021). Optimal well-being after psychopathology: Prevalence and correlates. *Clinical Psychological Science*, 10(5), 981–996.
5. Goodman, F. R., **Rum, R.**, Silva, G., & Kashdan, T. B. (2021). Are people with social anxiety disorder happier alone?. *Journal of Anxiety Disorders*, 84, 102474.
4. Reale-Caldwell, A., Osborn, K. E., Soble, J. R., Kamper, J. E., **Rum, R.**, & Schoenberg, M. R. (2019). Comparing the North American Adult Reading Test (NAART) and the Test of Premorbid Functioning (TOPF) to estimate premorbid Wechsler Adult Intelligence Scale-FSIQ in a clinical sample with epilepsy. *Applied Neuropsychology: Adult*, 1–9.
3. Schoenberg, M. R., & **Rum, R.** (2017). Towards reporting standards for neuropsychological study results: A proposal to minimize communication errors with standardized qualitative descriptors for normalized test scores. *Clinical Neurology and Neurosurgery*, 162, 72–79.
2. Schoenberg, M. R., **Rum, R.**, Osborn, K. E., & Werz, M. A. (2017). A randomized, double-blind, placebo-controlled crossover study of the effects of levetiracetam on cognition, mood, and balance in healthy older adults. *Epilepsia*, 58(9), 1566–1574.
1. Boepple, L., Ata, R. N., **Rum, R.**, & Thompson, J. K. (2016). Strong is the new skinny: A content analysis of fitspiration websites. *Body Image*, 17, 132–135.

**MANUSCRIPTS UNDER REVIEW**

1. Eldesouky, L., **Rum, R.**, El-Nasharty, K., El-Garhy, Y., & Goodman, F.R. (2024). Individual Differences in Religious Emotion Regulation in Daily Life.

**MANUSCRIPTS IN PREPARATION**

2. **Rum, R.** & Goodman, F.R. (2024). The Social Anxiety Stigma Scale (SASS): Development, Factor Structure, and Validation.
1. **Rum, R.**, Lyman, C., Davis, K. M., Silva, G., Goodman, F.R. (2024). Daily facilitators of social

connection: A mixed-methods study.

## **BOOK CHAPTERS**

2. Schoenberg, M.R., Lange, R.T., Marsh, P., **Rum, R.**, & Saklofske, D.H. (2015, 2017). Premorbid intelligence. In J. S. Kreutzer, J. DeLuca, & B. Caplan (Eds. In Chief). *Encyclopedia of Clinical Neuropsychology*. New York: Springer.
1. Saklofske D.H., **Rum, R.**, & Schoenberg M.R. (2015, 2017). Wechsler Adult Intelligence Scales. In J. S. Kreutzer, J. DeLuca, & B. Caplan (Eds. In Chief). *Encyclopedia of Clinical Neuropsychology*. New York: Springer.

## **MEDIA COVERAGE**

1. [The Loneliness Epidemic: Not All Social Interactions are Created Equal](#). *SPSP*. November 2023.

## **EDITORIAL ACTIVITIES**

Ad-Hoc Reviewer

*BMC Geriatrics*

*Clinical Psychology Review*

*Emotion*

*Journal of Anxiety and Depression*

*Journal of Research in Personality*

*Journal of Happiness Studies*

*Personality and Individual Differences*

*Depression & Anxiety*

*Cognitive Therapy and Research*

*Nature Scientific Reports*

*Journal of Consulting and Clinical Psychology*

*Behavior Therapy*

## **CONFERENCE SYMPOSIA**

1. Goodman, F. R., & **Rum, R.** (2023, November). What is “well-being” and how do we measure it? A primer on assessing psychological well-being in clinical research and treatment. In F. R. Goodman (Chair). Integrating principles of positive psychology into cognitive-behavioral psychotherapies: A roadmap for measuring and modifying well-being. To be presented at the annual convention of the Association for Behavioral and Cognitive Therapies.

## **CONFERENCE POSTER PRESENTATIONS**

† Student mentee

26. †DelAngelo, M. H., Loftus, P., **Rum, R.**, & Goodman, F. R. (2023, March). Examining differences in mental health stigmas held by racial and sexual minority groups. Poster presented at the Society for Personality and Social Psychology's Annual Meeting, San Diego, CA.
25. †Sala, M., **Rum, R.**, Goodman, F.R. (2023, November). The mental health cost of discrepancies between ideal and actual emotions. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Seattle, Washington.
24. **Rum, R.**, Silva, G., Brennan, J., & Goodman, F. R. (2022, November). Facilitating social connection during social distancing. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, New York City, NY.
23. **Rum, R.**, Silva, G., Birg, J. A., Cobos, A., Erdem, S., & Goodman, F. R. (2021, November). How do depression and social anxiety co-occur in daily life? Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.
22. Birg, J. A., **Rum, R.**, Hua, M., & Goodman, F. R. (2021, November). Goal-related distress and meaning in life: A daily investigation of the role of psychological flexibility. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.
21. **Rum, R.**, Silva, G. M., Kashdan, T. B., & Goodman, F. R. (2021, February). The power of positive affect during social interactions. Poster presented at the annual convention of the Society for Personality and Social Psychology.
20. Mitchell, R., Reale-Caldwell, A., **Rum, R.**, & Schoenberg, M. R. (2019, February). Comparing the Test of Premorbid Functioning (TOPF) and the North American Adult Reading Test (NAART) to estimate premorbid Wechsler Adult Intelligence Scale – 4th Edition FSIQ in a clinical sample with epilepsy. Poster accepted for presentation at the 47th Annual Meeting of the International Neuropsychological Society (INS), New York City, NY.
19. Reale-Caldwell, A., **Rum, R.**, Mitchell, R. L., Sever, R. W., Vale, F. L., MacIver, Schoenberg, M. R. (2018, November). Utility of Green's Word Memory Test in post-surgical temporal lobe epilepsy patients. Poster presented at the annual meeting of the American Epilepsy Society (AES), New Orleans, LA.
18. Mitchell, R., Siruckova, A., Walker, M., Sever, R., Reale-Caldwell, A., **Rum, R.**, & Schoenberg, M. R. (2018, October). The relationship between frontal lobe impairment, mood, and perceived quality of life in epilepsy. Poster presented at the annual meeting of the National Academy of Neuropsychology, New Orleans, LA.
17. Reale-Caldwell, A., Sever, R.W., **Rum, R.**, Pena, S.L., & Schoenberg, M.R. (2018, February). Predictive Ability of Verbal Memory Tests in Post-Operative Epilepsy Patients. Poster presented at the annual meeting of the International Neuropsychological Society (INS), Washington, D.C.
16. Sever, R. W., Vivas, A. C., **Rum, R.**, Reale-Caldwell, A. A., Schoenberg, M. R., Benbadis, S. R., & Vale, F. L. (2017, June). Neuropsychological outcomes following selective amygdalectomy for

- pharmacoresistant temporal lobe epilepsy in normal Brain MRI population. Poster presented at the annual meeting of the American Epilepsy Society, Washington D.C.
15. Reale-Caldwell, A. A., Sever, R. W., **Rum, R.**, & Schoenberg, M. R. (2017, February). Comparing performance validity tests for the RBANS. Poster presented at the annual meeting of the International Neuropsychological Society, New Orleans, LA.
  14. **Rum, R.**, Sever, R.W., Reale-Caldwell, A., Lee, A., Osborn, K.E, Schoenberg, M.R (2016, October). Changes in Depression and Anxiety in Right vs. Left Temporal Lobe Epilepsy Patients. Poster presented at the annual meeting of the National Academy of Neuropsychology, Seattle, WA.
  13. Sever, R.W., Reale-Caldwell, A., **Rum, R.**, Balavage, M., Lee, A., Osborn, K.E., & Schoenberg, M.R (2016, October). Quality of life and depression in post-surgery temporal lobe epilepsy neuropsychological functioning. Poster presented at the annual convention of the meeting of the National Academy of Neuropsychology, Seattle, WA.
  12. Reale-Caldwell, A., **Rum, R.**, Sever, R.W., Lee, A., Balavage, M., Osborn, K.E., Vale, F.L., Benbadis, S.R., & Schoenberg, M.R., (2016, October). Memory predictors of pre-operative seizure location following temporal lobe epilepsy. Poster presented at the annual meeting of the National Academy of Neuropsychology, Seattle, WA.
  11. **Rum, R.**, Sever, R.W., Reale-Caldwell, A., Lee, A., Balavage, M., Osborn, K., Schoenberg, M.R (2016, June). Comparing the North American Adult Reading Test (NAART) and the Test of Premorbid Functioning (TOPF) to estimate premorbid Wechsler Adult Intelligence Scale -4th Edition FSIQ in a clinical sample with epilepsy. Poster presented at the annual meeting of the American Academy of Clinical Neuropsychology, Chicago, IL.
  10. Reale-Caldwell, A., **Rum, R.**, Sever, R.W., Osborn, K., Vale, F.L., Benbadis, S.R., & Schoenberg, M.R. (2016, June). Utility of genuine memory impairment profile while interpreting Green's Word Memory Test in post-surgical temporal lobe epilepsy patients. Poster presented at the annual meeting of the American Academy of Clinical Neuropsychology, Chicago, IL.
  9. Sever, R.W., Reale-Caldwell, A., **Rum, R.**, Balavage, M., Lee, A., Osborn, K., Schoenberg, M. R., Mattingly, M., Benbadis, S.R., Vale, F.L. (2016, June). Predicting post-surgical memory outcome following dominant temporal lobe epilepsy surgery. Poster presented at the annual meeting of the American Academy of Clinical Neuropsychology, Chicago, IL.
  8. **Rum, R.**, Osborn, K., Sever, R.W., Waseem, H., Tavoloni, R., & Schoenberg, M. R (February, 2016). Impact of Seizure remission status and neuropsychological functioning on quality of life among postoperative epilepsy patients. Poster presented at the annual meeting of the International Neuropsychological Society, Boston, MA.
  7. Sever, R.W., **Rum, R.**, Tabak, A., Nelson, R., Balavage, M., Osborn, K., Benbadis, S. R., Vale, F. L., Waseem, H., & Schoenberg, M. R. (2016, February). Seizure Remission Status Following

Surgery for Localization-related Epilepsy Associated with Differences in Postoperative WAIS-IV Performances Poster presented at the annual meeting of the International Neuropsychological Society, Boston, MA.

6. Sever, R.W., Eichstaedt, K. E., Soble, J. R., **Rum, R.**, Tabak, A., Benbadis, S. R., & Schoenberg, M. R. (2015, June). Is depression associated with neuropsychological functioning and quality of life among patients with epilepsy? Poster presented at the annual meeting of the American Academy of Clinical Neuropsychology, San Francisco, CA.
5. Eichstaedt, K. E., Sever, R. W., **Rum, R.**, Kamper, J. E., Soble, J. R., Brown, C. D., Foster, S. M., Benbadis, S. R., & Schoenberg, M. R. (2015, June). Asking for more: Baseline data of a randomized controlled trial to evaluate neuropsychological outcome in a comprehensive epilepsy clinic. Poster presented at the annual meeting of the American Academy of Clinical Neuropsychology, San Francisco, CA.
4. **Rum, R.**, & Alrashdi, A, & E. Donchin. Are neurologic complications associated with HIV Highly Active Antiretroviral Therapy (HAART) (2014, May). Poster presented at the 2014 University of South Florida Psychology Symposium, Tampa, Florida, USA.
3. Boepple, L., Ata, R.N., **Rum, R.**, Ordaz, D.L., & Thompson, J.K. A Content Analysis of Healthy" Living Blogs: Evidence of Content Thematically Consistent with Dysfunctional Eating Attitudes and Behaviors (2014, March). Poster presented at the International Conference on Eating Disorders, New York City, New York, USA.
2. Boepple, L., Ata, R.N., **Rum, R.**, Ordaz, D.L., & Thompson, J.K. The Body, Eating Habits and Thin Ideals: A Comparison of Fitspiration and Thinspiration Websites (2014, March). Poster presented at the International Conference on Eating Disorders, New York City, New York, USA.
1. Boepple, L., Ata, R.N., **Rum, R.**, Ordaz, D.L., & Thompson, J.K. A Fitness Message on the Internet: Content Analysis on Fitspiration Websites (2014, March). Poster presented at the International Conference on Eating Disorders, New York City, New York, USA.

## **TEACHING EXPERIENCE**

### **University of South Florida**

|             |  |
|-------------|--|
| Fall 2020   | Introduction to Psychological Science: Graduate Lab Instructor     |
| Spring 2021 | Introduction to Psychological Science: Graduate Lab Instructor     |
| Summer 2021 | Introduction to Psychological Science: Graduate Teaching Assistant |
| Fall 2021   | Drugs & Behavior: Graduate Course Assistant                        |
| Spring 2022 | Introduction to Psychological Science: Graduate Course Assistant   |
| Fall 2022   | Research Methods in Psychology: Graduate Course Assistant          |
| Spring 2023 | Motivation and Emotion: Graduate Course Assistant                  |

**SUPERVISED RESEARCH EXPERIENCE****Graduate Student Researcher, Emotion and Resilience Lab****Aug. 2020 – Present***Department of Psychology, University of South Florida**Advisor: Dr. Fallon R. Goodman*

Project Titles: Stories of Social Anxiety, Social Anxiety Disorder Stigma

- Lead protocol and study development and project organization
- Supervise and train research assistants
- Lead with data cleaning, statistical analysis, and manuscript preparation

**Research Assistant, Mood and Emotions Lab****June 2016 – June 2017 & Jan. 2019 – Feb. 2020***Department of Psychology, University of South Florida**Advisor: Dr. Jon Rottenberg*

- Completed phone screens on individuals with depression and healthy controls to determine eligibility for the study
- Administered computer tasks to participants while using an eye-tracking machine including WSAP-D and Word-Recognition Task
- Administered paper tasks including Sentence Scramble Task, Anagrams task, PANAS-S, and Affect Rating scale
- Assisted with various projects within the lab as needed

**Research Coordinator, Neuropsychology Research Laboratory****Jan. 2017 – Jan. 2019***Department of Neurosurgery and Brain Repair, University of South Florida**Principal Investigators: Mike R. Schoenberg, PhD., ABPP-CN, John A. Lucas, PhD., and David Loewenstein, PhD., ABPP-CN*

Project Title: Neuropsychological Norms for Ethnically Diverse Elders

- Coordinated patient recruitment and all staff involvement for the USF data collection site
- Collected neuropsychological test data from healthy individuals aged 60 and older to develop norm reference groups for Florida elders
- Norm reference groups were created for English speaking and Spanish speaking populations

**Lab Manager, Neuropsychology Research Laboratory****June 2015 – June 2020****Research Assistant, Neuropsychology Research Laboratory****Aug. 2014 – June 2015***Department of Psychiatry and Behavioral Neurosciences, USF Health Morsani College of Medicine**Advisor: Mike R. Schoenberg, PhD, ABPP-CN*

- Worked on various projects and individuals with known or suspected neurological disorders including epilepsy, dementias, movement disorders, mood disorders, and learning disabilities
- Reviewed comprehensive neuropsychology evaluations, integrated report writing, and evaluation feedback under board certified clinical psychologist
- Trained and supervised research assistants and graduate students in the lab in regard to data entry and research projects
- Created research protocols for the lab
- Entered data in SPSS, consented patients for studies, and co-authored papers
- Collaborated with other professors and PhDs at other institutions on publications and book chapters

**Co-investigator, ACNS Grant, Neuropsychology Research Laboratory***Co-Principal Investigators: Katie E. Osborn, MA & Mike R. Schoenberg, PhD, ABPP-CN*

**Project Title: Impact of Neuropsychological Evaluation on Patient Satisfaction and Treatment Outcome for Individuals with Epilepsy: A Randomized Controlled Trial**

- Lead coordinator in participant consenting, data collection, data entry, and participant randomization
- Recruited patients and trained research assistants on patient recruitment
- Maintained IRB for study
- Scheduled patients for Neuropsychological evaluations

**Senior Research Assistant, Body Image Research Group**

**Feb. 2013 – Feb. 2015**

*Department of Psychology, University of South Florida*

*Advisor: Dr. Kevin Thompson & Leah Boepple, MA*

- Conducted research on the causes and effects of eating disorders, obesity, and health related issues in the population
- Coded over 100 fitspo and thinspo blogs on weight, appearance, or exercise performance related variables using Microsoft excel
- Worked independently and closely with graduate students on projects, papers, poster presentations
- Created surveys using SurveyMonkey for different Body Image and self-esteem scales.
- Conducted data entry, double coded interviews, and prepared materials for assessments
- Coded over 14 magazines related to colorism and pregnancy

**Research Assistant, Alcohol Use and Substance Abuse Research Institute**

**Aug. 2013 – Jan. 2014**

*Project Mylife, Department of Psychology, University of South Florida*

*Advisor: Dr. Mark Goldman*

- Administered computer-based assessments on both children and parents related to substance use and feelings about alcohol
- Directed tracking and performed interviews using the Semi Structured Assessment for the Genetics of Alcoholism
- Constructed protocol for mal or harmful behavior, depression, and other issues
- Prepackaged folders, scored, and entered data

**Research Assistant, Substance Use, Personality, and Emotions Research Lab**

**June 2013 – 2014**

*Department of Psychology, University of South Florida*

*Advisor: Dr. Marina Bornovalova*

- Worked with the lab to examine distress tolerance, substance use, genetics, and neuropsychology
- Applied EEG nets and measured for impedance using Net Station during session 1
- Administered Mini International Neuropsychiatric Interviews during session 2
- Administered different tasks on participants such as Flanker Scale, Reward Prediction Design, Solitary BART, and Peer BART

**Laboratory Assistant, School of Aging Studies**

**Nov. 2011 – July 2012**

*Florida Health Byrd Alzheimer's Institute, University of South Florida*

*Advisor: Dr. Brent Small & Professor Kerri Rawson*

- Conducted research on the effects of a super antioxidant vitamin on memory loss in older adults
- Administered baseline assessment, mid assessment, and final assessment to each participant in the study
- Administered over 10 cognitive scales measuring memory, judgment, and comprehension
- Performed managerial duties, data scoring, and data entry



- Experienced in a wide array of cognitive processes, such as attention, memory, problem solving, perception, and language use
- Screened participants before clinical trials and made follow-up reminder calls for participants

## **SUPERVISED CLINICAL TRAINING**

### **Graduate Student Intern, Rogers Behavioral Health**

**Aug. 2022 – June 2023**

*Supervisor: Mirela Aldea PhD*

- Led group therapy (e.g., mindfulness skills, CBT, DBT informed skills training) with adults presenting with mood, anxiety, OCD, and trauma-related disorders.
- Conducted individual behavioral therapy (e.g., exposure and response prevention [ERP], behavioral activation) with clients presenting with depressive, mood, anxiety, obsessive-compulsive, and eating disorders.
- Developed hierarchies for ERP and social anxiety exposures.
- Assisted with client consultation.
- Assessed for client suicidality and conducted risk assessments as needed.
- Participated in weekly supervision and staffing meetings.

### **Therapist Trainee, Psychological Services Clinic**

**Aug. 2022 – Present**

*Department of Psychology, University of South Florida*

*Supervisor: Dr. Christine Vinci*

- Provided dialectical behavioral therapy (DBT) informed treatment and cognitive behavioral therapy (CBT) to adults requesting individual therapy for mental health concerns (e.g., Social Anxiety Disorder, Binge Eating Disorder, Borderline Personality Disorder, marital and interpersonal distress).
- Conducted comprehensive intake interviews; administered and interpreted psychological test results (PAI, GAD-7, BDI-II, BAI, OQ, M.I.N.I., MOCA, SLUMS, DIAMOND, Y-BOCS, PCL-5, ASRS) consistent with evidence-based assessment strategies; wrote integrated assessment reports; participated in weekly supervision.

### **Therapist Trainee, Psychological Services Clinic**

**Aug. 2021 – Aug. 2022**

*Department of Psychology, University of South Florida*

*Supervisor: Dr. Fallon R. Goodman*

- Provided dialectical behavioral therapy (DBT) informed treatment and cognitive behavioral therapy (CBT) to adults requesting individual therapy for mental health concerns (e.g., Major Depressive Disorder, Social Anxiety Disorder, Borderline Personality Disorder).
- Conducted comprehensive intake interviews; administered and interpreted psychological test results (PAI, GAD-7, BDI-II, BAI, OQ, M.I.N.I., MOCA, DIAMOND, Y-BOCS) consistent with evidence-based assessment strategies; wrote integrated assessment reports; participated in weekly supervision.

### **Lead Psychometrist, Neuropsychology Clinic**

**Aug. 2016 – June 2020**

*Department of Neurosurgery and Brain Repair, USF Health Morsani College of Medicine*

*Supervisor: Mike R. Schoenberg, PhD, ABPP-CN and Michelle Mattingly, PhD, ABPP*

- Administer and scores neuropsychological, cognitive, academic/achievement, and psychological tests under the supervision of a licensed psychologist

- Assist in providing testing services to other research and teaching activities for USF faculty of the Neuropsychology Division
- Observe and reports clients' test-taking behaviors
- Collect data and prepares monthly and annual testing reports
- Operate personal computers for automated testing and maintains equipment
- Assist psychologists with outreach programs and the counseling intake process
- Manage inventory and orders supplies to maintain adequate supply of paper testing data and supplies
- Contact scheduled patients and coordinates staff support in contacting patients and referrals sources to facilitate coordination of care, collecting collateral information or scheduling appointments

**Neurocognitive Technician**

**Jan. 2017 – Oct. 2019**

*Department of Neurology, Multiple Sclerosis Division, USF Health Morsani College of Medicine*

Project: Clinical Trial: A Prospective, 24-Month Observational Study to Evaluate Neurocognitive Function and Safety in Patients with Relapsing Multiple Sclerosis Who Are Initiating LEMTRADA® Treatment in Routine Clinical Practice.

- Administered the following assessments to study subjects:  
Paced Auditory Serial Addition Test (PASAT), Symbol Digit Modalities Test (SDMT), Brief Visuospatial Memory Test-Revised (BVRT-R), Selective Reminding Test (SRT), Controlled Oral Word Association Test (COWAT), Automated Neuropsychological Assessment Matrices [ANAM], Hamilton Rating Scale for Depression (HAM-D), Fatigue Severity Scale (FSS), and Modified Fatigue Impact Scale (MFIS)

**Intern, Northside Mental Health Center**

**May 2013 – Dec. 2013**

*Tampa, Florida*

*Supervisor: Gary Vitacco-Robles, ACS*

- Volunteered with the intake office, counseling services, and the clinical case management services
- Assisted individuals and families with severe and persistent mental illnesses or who require mental health and substance abuse services
- Aided clinicians and staff with providing comprehensive evaluation of difficult diagnostic cases for all age groups and looking over paperwork given by patients
- Shadowed the Mental Health Center Clinicians in individuals unstructured intake interviews for children and adults as well as teen and children's groups

**ORGANIZATIONS**

|                |                                  |
|----------------|----------------------------------|
| 2022 – present | USF Diversity Committee Co-Chair |
| 2020 – 2022    | USF Diversity Committee Member   |
| 2021 – 2023    | USF Mentorship Program           |

**PROFESSIONAL TRAININGS & WORKSHOPS**

|      |  |
|------|--|
| 2021 | Stanford University: Writing in the Sciences Workshop                |
| 2022 | Center Stat: Applied Measurement Modeling & Factor Analysis Workshop |
| 2023 | CBT for Anxiety and OCD  |
| 2023 | Emotionally Focused Individual Therapy (EFIT) for Attachment Trauma: |

Transforming Psychological Wounds for Adult Clients Traumatized as  
Children

**PROFESSIONAL MEMBERSHIPS**

Association for Behavioral and Cognitive Therapies (ABCT)

Society for Personality and Social Psychology (SPSP)

American Psychological Association (APA)

Anxiety and Depression Association of America (ADAA)

**TECHNICAL AND LANGUAGE SKILLS**

Statistical Programs: Proficient with R, SPSS

Software Systems: Proficient with Microsoft Office, Adobe Acrobat Suite

Proficient in Arabic (reading, writing, speaking)